

# Cleaning with Citrus: 2 simple ideas

Start with gluts of lemons

## Cleaning chopping boards

Sprinkle them with salt, chop lemons in halves squeeze on lemon then scrub using the lemon as scourer. Rinse with hot water and put outside in sunshine to dry.

## Orange all-round Cleaning Spray

This will clean and sterilise all surfaces – kitchen and bathroom – and leave everything smelling delicious. Makes 400ml.

- 4 oranges peel only
- 200ml water
- 200ml white vinegar
- 500ml glass jar
- a recycled spray bottle

Tightly pack the citrus peel into a glass jar and cover with white vinegar. Put the lid on, and let sit for 4 weeks. Strain the vinegar into a spray bottle and top up with an equal amount of water. Spray directly onto surfaces and wipe with a damp cloth.

