

MOTHS BE GONE!

There is nothing more irritating than pulling out your favourite jumper at the beginning of winter to find it has holes in it from being eaten by the moths. Store-bought moth repellants can be full of nasties, such as camphor and dichlorobenzene, and often smell awful. These handmade ones are not nasty and will also make your clothes smell delightful. In short the moths hate these smells and should stay away from your cashmere. Makes 2 sachets

- A mixture of any of the following herbs, dried
- ½ handful of rosemary and ½ handful of peppermint or garden mint or
- ½ handful of lavender and ½ handful of rosemary or
- 1/3 handful of dried citrus peel, broken-up cinnamon stick and lavender
- An old pair of tights or stockings

Cut off the legs of your stockings or tights or socks (just the foot is enough). Mix your herbs, fill and tie a knot then finish with a ribbon or twine. Place in your drawer. Give it a scrunch and presto. Scrunch to release oils every so often.



Using
fragrant
herbs in
your home

