

# Deodorant

## Ingredients

50g bicarbonate of soda  
50g arrowroot powder  
10 drops essential oil (try tea tree,  
lavender or eucalyptus)



Mix the bicarbonate of soda, the arrowroot and the essential oil to make a smooth paste. Begin to incorporate the coconut oil, a little at a time, until the desired consistency is reached (I would suggest a paste thick enough to spread on your skin). Store in an airtight container to stop it from drying out. Use by wiping a little with your fingers on your clean armpit.